

A Note From the Pastor

Rev. Shari Freeman

On August 10, we launched our Fall sermon series, "Navigating Roads," exploring how the roads in the Bible lead us to the story of God. The people traveling those Biblical roads encountered danger and peril, people in need, and sometimes Jesus himself. In all the road stories, the people faced unexpected circumstances and needed to decide what direction to take. Do they return home, or do they continue forward? Do they stop their journey to help someone in need, or continue ahead? Do they travel alone or commit themselves to traveling with someone else?

This series feels appropriate for us at this time because Barrett's resignation was an unexpected event on the road we are traveling as a congregation. Over the past month, we faced this unexpected circumstance the way many of the people in the Bible did - we processed the news, held space for our grief, and looked to God for direction. We said goodbye to Barrett in a lovely farewell celebration on August 10. And like those people in the Bible, having encountered this unexpected turn, we move forward and continue traveling down the road.

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We did not miss a beat in continuing our ministry here at Mount Vernon. On August 3, we hosted Emory University's Goizueta Brain Health Institute for a workshop on dementia. This workshop, now in its second year, is a gift to our community, offering caring, support, and resources to families and organizations who care for those with dementia. We welcomed children from our congregation and community to a Yee-Haw themed Vacation Bible School on August 9. The Presbyterian Women kicked off their fall study with a luncheon on August 24. The Christian education committee started sign-ups for small groups beginning on September 14. The CE committee is also rolling out plans for a Little Blessings Room that will be available for parents with small children during the worship service. Finally, we are looking forward to our September 14 fall kick-off and Foundation lunch, the same day we welcome Isaac back from leave!

All of these events confirm Mount Vernon's commitment to being the church. We continue to travel down the road that God has set forth for us, and to live into our mission to be a church Reaching Out To Welcome. Worship. Share. Serve.

Peace,

Shari





Actual YTD 2025 Budget July 31, 2025 Member Giving Pledge \$347,397 \$500,000 Member Giving Non-\$39,550 \$60,000 Pledge \$4,532 \$26,000 Loose Offerings **Total YTD** \$391,479 \$586,000

2025 Session Members & Ministry Teams

Moderator(s)

Rev. Isaac Toney-Schmitt Rev. Shari Freeman

Clerk of Session

David Hill

Christian Education

Carrie Southard

Congregational Care

Barbara Brooks Htet Nyunt

Fellowship

Keith Bumgarner Ed Spain

Finance/Administration/ Stewardship

Ben Cumming

Outreach

Kathryn Wade Mike Havey

Senior Adults

Mary Lea Woods

Witness

Lois Johnson

Worship

Penny Kiel

Malinda Holmes

REV. BARRETT ABERNETHY

















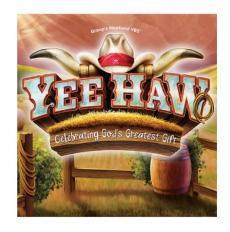








VBS 2025



























P4BG

Presbyterians for a Better Georgia (P4BG)

Our church's non-partisan advocacy group has joined Presbyterians for a Better Georgia to better support and advocate for our community. We have had two "learning" meetings this summer to better understand the issues of our Latino neighbors and partners in Los Ninos Primeros and to hear our partners, Family Promise and CAC, along with others, talk about poverty, homelessness, and the lack of affordable housing in North Atlanta. We will attend a fall informational meeting with the other 19 churches in P4BG, continue sharing with legislative representatives as bills move through committees, and go to the Capitol on Lobby Day in March. Last year, with guidance from the P4BG paid lobbyist, we advocated for changed sentencing for those with 70 IQ or below, use of the state surplus to increase spending on affordable housing, and tax credits for the purchase of lockboxes for weapons in Georgia homes.

If more congregational members would like to join us, we would welcome it! Call Pat Bartee for information to get registered with P4BG.



VOLUNTEER SPOTLIGHT

Thank you to all the MVPC members who donate their time and energy to benefit our community and our world! The Outreach Ministry Team "spotlights" our members to share their volunteer experiences and the many opportunities available. If you know of someone who should be spotlighted, please contact Kathryn Wade, Mike Havey or Christy Hill.

Mike and Kathy Havey Neighbors Helping Neighbors at CAC



How long have you worked with the Community Assistance Center (CAC)?

We started volunteering at the South Sandy Springs food pantry in early 2023, shortly after it opened.

What type of work do you do?

When we get there in the morning, we begin removing items from the shelves that are out-of-date and restocking items that are in short supply. We also unload, sort, weigh and shelve new items that come in off the delivery truck.

After the store opens for business, we are usually at the check-out counter - Kathy ringing people up and Mike bagging their groceries.

How much time each week or how often are you involved with the program?

We are at CAC most Friday mornings for about 2 ½ hours.

Why do you like working at CAC?

There are two main reasons that we like working with CAC. First, we believe in the mission of the agency: providing compassionate assistance to neighbors facing times of need who have nowhere else to turn for help.

We also enjoy the clients. They are friendly and appreciative of the services provided.

How can others get involved?

Anyone interested in volunteering can sign up by visiting this web site:

https://ourcac.org/individual-volunteer-opportunities/.

You can also send an email to volunteers@ourcac.org.

Interested volunteers can also drop by either of the food pantries at 8607 Roswell Rd or 120 Northwood Dr, Suite 150.

OUTREACH

Carol Beckman and Christy Hill recently cleaned out, sorted and delivered all usable left-over Family Promise supplies to our various outreach partners: International Women's House, Clifton Sanctuary Ministries, CAC, Sandy Springs Education Force, Stirred Up Ministries, Foster Care Support Foundation.

Vacation Bible School children donated several boxes of cereal (always a popular item) for the Community Assistance Center. CAC volunteers Mike & Kathy Havey delivered them to the South Sandy Springs food pantry on August 16.

The Mount Vernon Foundation along with individual Congregational members provided \$4500 for improvements {roof & plumbing} to the newly constructed Manse for the minister of Garden Presbyterian Church in Zambia. Earlier in 2025 the Foundation provided \$10,000 in emergency relief funds for Alliance for Children Everywhere due to the loss of a significant USAID grant.

On August 12 six congregation members met with representatives of Sandy Springs Together, Family Promise, CAC, and Bridge Communities for an informational session to learn about the serious problems of a lack of affordable housing and homeless in the Sandy Springs area.

Opportunities to get involved with our outreach partners continue to be shared in the weekly Happenings email. Make sure you are signed up and reach out to a member of the Outreach Team if you have questions.









We continue to grow as we welcome the
Duncan family!
Chris & Holly Duncan
Eloise, Alice Ann, Graham

Finley Nelson finished in first place for his age group at the local tournament of the Drive, Chip, Putt competition at Bobby Jones Golf Course in June. As well as finishing first overall, he finished first in the putting portion of the competition by sinking two putts - a 6 foot putt and a 15 foot putt. Drive, Chip, Putt is a national junior golf competition. Finley's next step in the competition is the sub-region tournament in Savannah, GA on August 17.





Blessing of the Backpacks





Presbyterian Women Luncheon



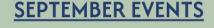




Mailing Address:
MVPC
P.O. Box 76051
Sandy Springs, GA 30358
404.255.2211
mvpchurch.org



MONDAY-THURSDAY 8AM-4PM FRIDAY 8AM - 2PM



This & That

Presbyterian Women
9/9
Book Circle
9/12

Fall Kick-Off 9/14

Taize 9/237pm

Outdoor Worship

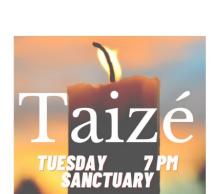
Blessing of the Animals

9/28

Lunch Bunch 9/28









Photos courtesy of: Shari Freeman, Christy Hill, Jeanne Gilliland, Donna Martin, Dee Bradford-Smith, Penny Kiel, Mary McClurg (Please send any pictures of your events to debbie@mvpchurch.org)





GIFT OF WISDOM



Stepping Stones

The journey is a stoney path
Filled with life and all it's wrath.
We tentatively move forward alone.

Each stone prepares a settled space as we look cautiously at each other's face.

Some confident in their faith.

Other's show a worried brow.
Who will lead us now?
How can we unify our strength?

By reaching out to those behind, lifting up as we form a line.

Gazing ahead to the next stone.

So thankful we are not alone.

The Holy Spirit is our home.

Poem: Dee Bradford-Smith Artwork: Donna Martin

GETTING TO KNOW ...

ANUBHAV TIRKEY

NEW MEMBER IN JULY



If money was no object, what would you do all day?

Travel the world but I am sure I would still complain about airplane legroom.

Would you rather vacation in Hawaii or Alaska, and why?

Alaska. Northern Lights beat nightclub/party lights any day.

What's your favorite holiday?

Christmas. When I was a kid, it meant the whole family piling into one room, the smell of food everywhere, and waking up to presents under the tree felt like pure magic.

What is your favorite childhood memory?

Napping without guilt. Now if I nap, I feel guilty of being lazy.

If you could go back in time, what year would you travel to?

Probably the '90s—just to relive my childhood when there was no WiFi.

"You may not control all the events that happen to you, but you can decide not to be reduced by them."

Maya Angelou



Your church Stephen Ministry team is here to help you manage and master a difficult time in your life. Sometimes, all it takes is new perspective and clarity, offered by a non-judgmental person who calmly listens and helps you to see your own way forward.

Please call on us by contacting Pat Bartee, Stephen Leader, or Shari.

SESSION SUMMARY

Summary of the August 17, 2025, Stated Session Meeting

The Session met for its regularly scheduled meeting on August 17 and conducted the following business:

- Heard a report from the Campus Construction Committee that is planning parking lot and playground improvements
- Received the Annual Financial Review Report (the review committee is made up of Bruce Morine, Katherine Koops, and Gloria Gillespie)
- Heard a report from the Interim Pastor Nominating Committee regarding its work to date
- Reviewed the process for updating the church roll
- Accepted the resignation of Braegan Abernethy as a Session member since she now resides in Louisville, KY
- Approved two proposed amendments to the MVPC By-Laws to take to the congregation for a
 vote at the September 28 Congregational Meeting: one to replace the old Mission Statement
 with the new Mission Statement, and another to reduce the number of Sundays required to
 announce the call for a congregational meeting (current four Sundays and changing this to two
 Sundays)
- Approved the call for a Congregational Meeting on September 28 immediately following the
 worship service for the purpose of receiving and acting upon the recommendations of the
 Nominating Committee and for the purpose of acting upon the Session's recommendations for
 changes to the church By-Laws
- Session reviewed a To Do List of work to be done to complete this church year
- Rev. Freeman announced that the worship services are planned through October with most services being led by Rev. Toney-Schmitt

SEPTEMBER CALENDAR

31	F	2	3	4	2	9
	CHURCH OFFICE CLOSE	10am - Staff Meeting @	2:30pm - Stephen Ministry	2pm - General Ledger	8am - Finance/Admin	8:45am - Bagpipes @ GH
	6:30pm - Al Anan @	1:30pm - Staff Worship	5pm - LNP @ GH	5pm - LNP	5:30pm - LNP @ fleld	9am - AA @ FH
	7pm - Scouts @ Gailey	5:30pm - CE Meeting	6pm - IPNC @ Session	7pm - NABB @ Gym	8pm - AA-Primary Purpose	1pm - Movie Matinee -
	8pm - AA @ Kirk Center	7pm - AA-Women's Big	7pm - AA @ Kirk			
		7pm - NABB @ gym	7pm - Choir Rehearsal @			
		8pm - AA @ Fellowship	7pm - NABB @ gym			
7	8	6	10	11	12	13
9:30am - Crossroads	1pm - Senior Adult	10am - PW @ Session	2:30pm - Stephen Ministry	6:30am - school 9 11	10am - PW Book Circle @	6:30am - LNP Sat School
9:30am - Discovery Class,	5:30pm - Busy	10am - Staff Meeting @	5pm - LNP @ GH	11am - Vernon Springs	5:30pm - LNP @ field	8:45am - Bagpipes @ GH
10:30am - Worship @	5:30pm - Monthly FAMT	1:30pm - Staff Worship	6pm - IPNC @ Session	5pm - LNP	8pm - AA-Primary Purpose	
5pm - Circle of Grace	6:30pm - Al Anon @	7pm - AA-Women's Big	7pm - AA @ Kirk	7pm - NABB @ Gym		
7pm - AA @ Kirk Center	7pm - Scouts @ Gailey	7pm - NABB @ gym	7pm - Choir Rehearsal @			
7pm - Atlanta Concert	8pm - AA @ Kirk Center	8pm - AA @ Fellowship	7pm - NABB @ gym			
14	15	16	11	18	19	20
8am - reverie @ gym	2pm - Songs for the Soul	10am - Staff Meeting @	5pm - LNP @ GH	10am - Senior Adults	5:30pm - LNP @ fletd	8:45am - Bagpipes @ GH
9:30am - Crossroads	6pm - Magic Club @	1:30pm - Staff Worship	6pm - IPNC @ Session	5pm - LNP	8pm - AA-Primary Purpose	
9:30am - Discovery Class,	6:30pm - Al Anon @	4pm - Stephen Min	6:30pm - Scouts @ GH	7pm - NABB @ Gym		
10:30am - Worship @	7pm - Scouts @ Gailey	7pm - AA-Women's Big	7pm - AA @ Kirk			
11:30am - MVP	8pm - AA @ Kirk Center	7pm - NABB @ gym	7pm - Choir Rehearsal @			
2pm - YMSL @ Sanc Choi		8pm - AA @ Fellowship	7pm - NABB @ gym			
21	22	23	24	25	26	27
9:30am - Crossroads	8:30am - Staff Retreat @	10am - Staff Meeting @	Newsletter Deadline	5pm - LNP	5:30pm - LNP @ fleid	6:30am - LNP Sat School
9:30am - Discovery Class,	6:30pm - Al Anon @	1:30pm - Staff Worship	5pm - LNP @ GH	7pm - NABB @ Gym	8pm - AA-Primary Purpose	8:45am - Bagpipes @ GH
10:30am - Worship @	7pm - Scouts @ Galley	7pm - AA-Women's Big	6pm - IPNC @ Session			
11:30am - Session Mtg @	8pm - AA @ Kirk Center	7pm - NABB @ gym	7pm - AA @ Kirk			
5pm - Small Group @		7pm - Taize @ Sanctuary	7pm - Choir Rehearsal @			
5pm - Vespers at Mount		8pm - AA @ Fellowship	7pm - NABB @ gym			
28	29	30	-	2	8	4
9:30am - Crossroads	6:30pm - Al Anon @	10am - Staff Meeling @				
9:30am - Discovery Class,	7pm - Scouts @ Galley	1:30pm - Staff Worship				
10:30am - Worship @	8pm - AA @ Kirk Center	7pm - AA-Women's Big				
11:30am - Connections		7pm - NABB @ gym				
5pm - Small Group @		8pm - AA @ Fellowship				
Tom - AA @ Kist Contar						

Go to our website under "News & Events" for a live view of the calendar!

SEPTEMBER BIRTHDAYS

	STATE STATE OF THE
Betsy Cozine	9/3
Nancy Kennedy	9/3
Chris Gray	9/4
Kirk Pumphrey	9/4
Ginny Little	9/5
Carolyn Spain	9/6
Emma Plumly	9/6
Suzanne Snypp	9/10
Jim Loth	9/13
Meg Christian	9/14
Sam McClurg	9/15
McLaren Christensen	9/20
Stephanie Skidmore	9/20
Minnie Robinson	9/21
Barbara Wasson	9/26
Penny Kiel	9/26
Jack Bobeng	9/30





STAFF BIRTHDAYS

If you have a birthday in September and don't see your name on the list, please contact debbie@mvpchurch.org or call the office.

Yvonne White January 26
Rev. Shari Freeman June 11
Rev. Isaac Toney-Schmitt June 14
Debbie Nysewander July 2
Jill Hudson October 21
Steve Ray December 1

PRAYER VINE



Carolyn Bowen - comfort and relief from pain and serious health issues with her kidneys - friend of Charlie Gray

Diane Bumgarner - continued prayers for complete healing following another foot surgery.

Lorry Clark - comfort and strength

Allison Eustis - thankful that her shoulder surgery went well.

Gerald Fudge - prayers for recovery from another infection after surgery. He will meet with his radiologist to devise a plan for treatment.

Malinda Holmes - comfort and peace after her move into an Assisted Living community.

Megan Kendall - strength, comfort and healing as she fights an aggressive form of cancer. Megan is the niece of David & Christy Hill.

Penny Kiel - comfort and healing after a fall and injury to her back.

Karen Morine - comfort for her family and friends after her death from cancer.

Sharon Murphy - peace and comfort for her family as they mourn the death of her mother-in-law, Barbara Murphy

Ongoing Prayers: Interim Pastor Nominating Committee, Los Ninos Primero, Clifton Sanctuary



Return Service Requested

Got News? We'd love to hear from you! Send us your news so we can celebrate, laugh, and/or cry with you. After all, we are FAMILY. Deadline for news is the third Wednesday of each month for the *next month's* newsletter. Send your submissions to debbie@mvpchurch.org.

If you no longer wish to receive the Good News, please send an email to debbie@mvpchurch.org.

Mount Vernon Presbyterian Church Staff

Rev. Isaac Toney-Schmitt Associate Pastor of Faith Formation isaac@mvpchurch.org Rev. Shari Freeman Associate Pastor of Spiritual Care shari@mvpchurch.org Steve Ray Church Finance and Operations steve@mvpchurch.org **Debbie Nysewander** Administrative Assistant debbie@mvpchurch.org Yvonne White Financial Assistant yvonne@mvpchurch.org Jill Hudson Music Director jillh@mvpchurch.org





IS THERE ANY CHANCE YOU COULD TURN JUST A LITTLE BIT OF THAT WINE BACK INTO WATER?

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